

# THE BIG BEAUTIFUL BOOK OF

# BURRPING BELCHING & BARFING



# THE BIG BEAUTIFUL BOOK OF BURPING, BELCHING, & BARFING



DEDICATED TO

PEPTO BISMOL, TUMEEZ, ZOFTRAN, DRAMAMINE,  
NAUZENE, EMETROL, KAOPECTATE, & GINGER ALE

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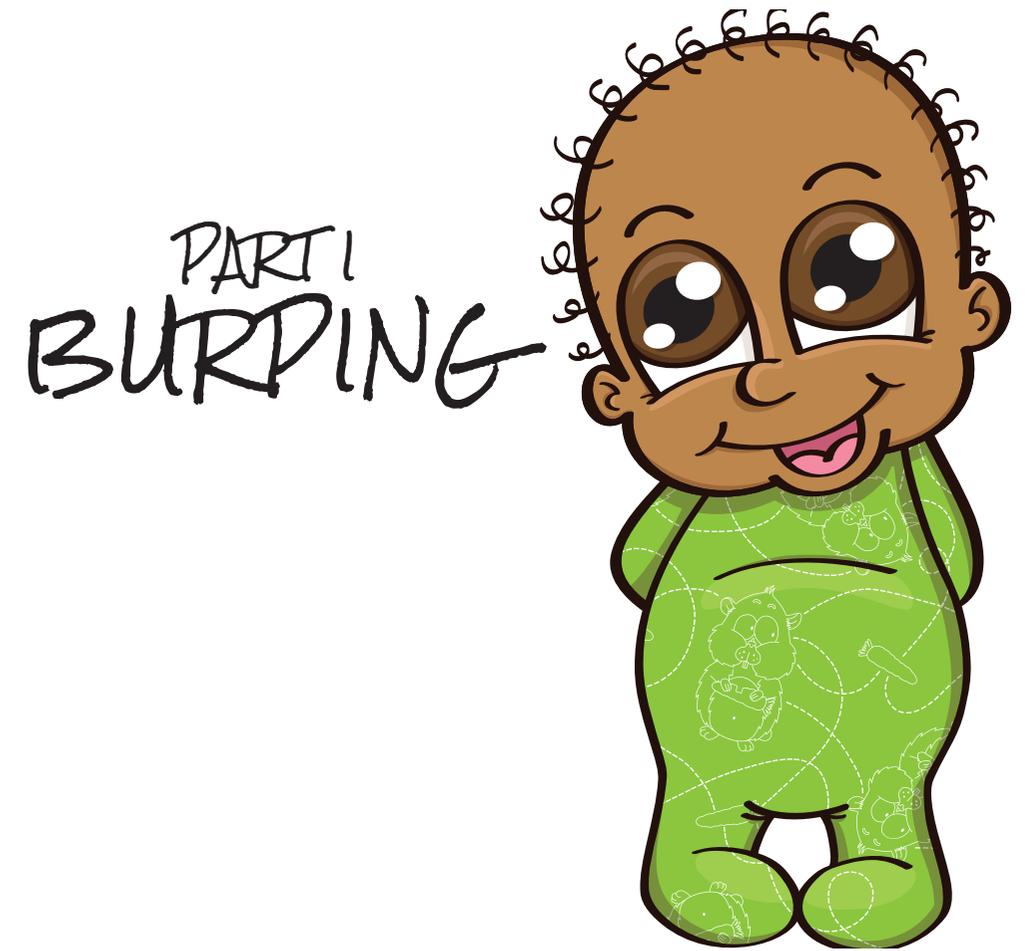
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It was small and quiet.  
Just a few tiny bubbles probably.  
And a little bit of some sickish liquid – of an  
uncertain color – that ended up on someone’s clean shirt.

IT'S WORTH 10 POINTS, JUST TO GET YOU STARTED.



Even today, if you ask your mom about it, she’ll both smile and grimace.  
She may say she remembers it. She may not.  
But she does.

5 POINTS IF SHE SMILES. 10 POINTS IF SHE GRIMACES.  
25 POINTS IF SHE SAYS SHE REMEMBERS IT.  
500 POINTS IF SHE KEPT THE STAINED GARMENT.



For a while your burps were cute. They were quiet and beyond your control. They just popped out. And that was okay, even with the big people.

In fact, they would put you over their shoulder and try to make you burp by patting your back.

So where did burping go wrong?

Well, after a while, your burps were boring.



And you grew up.

Most burps just aren't that interesting.

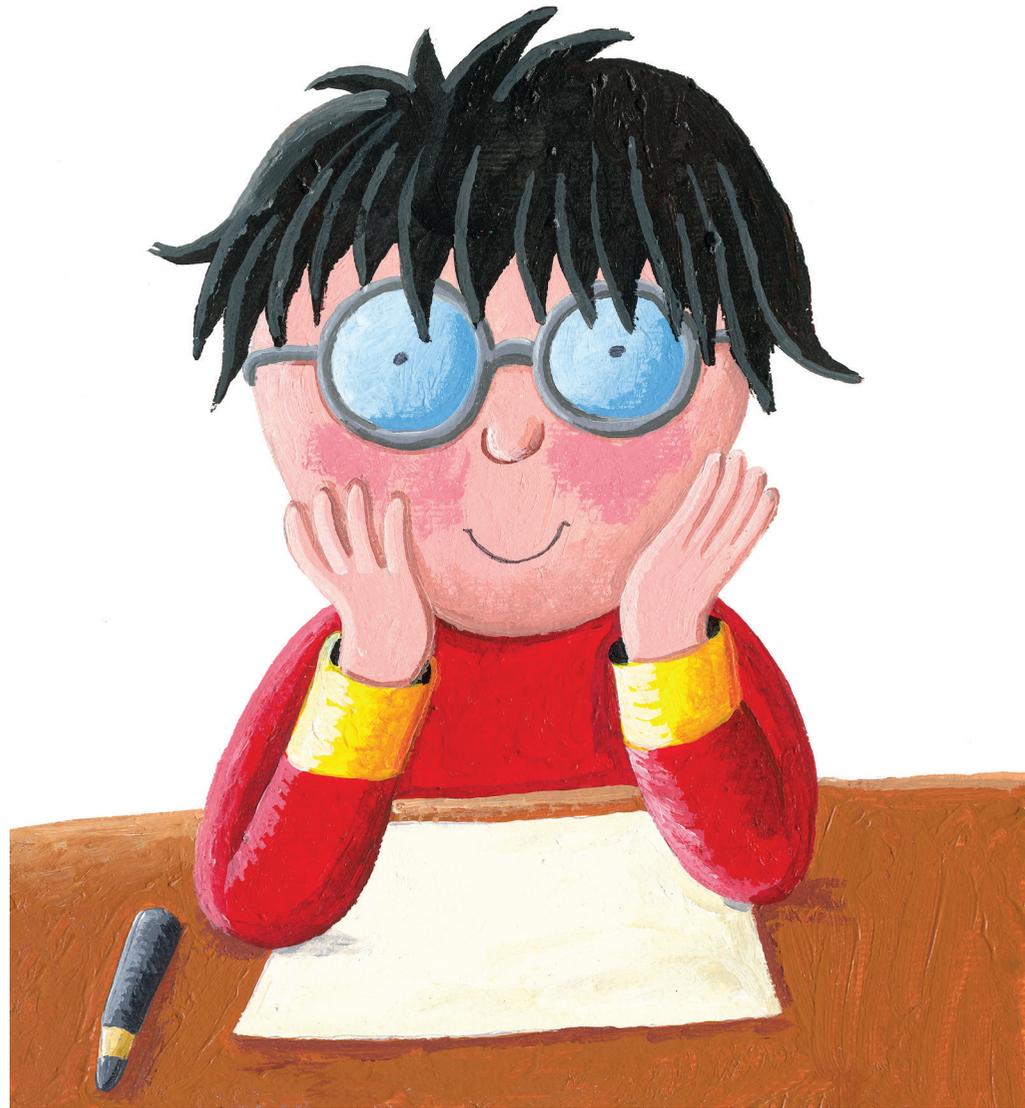
That's because burps are controllable.

You know when they're coming – and you can let them out quietly – or you can announce them with a flourish. Or, sometimes, you just swallow them.

The polite thing to do is keep it quiet. A silent burp.

But what's the point if no one knows you're being polite?

For a burp to really count, it should be audible.

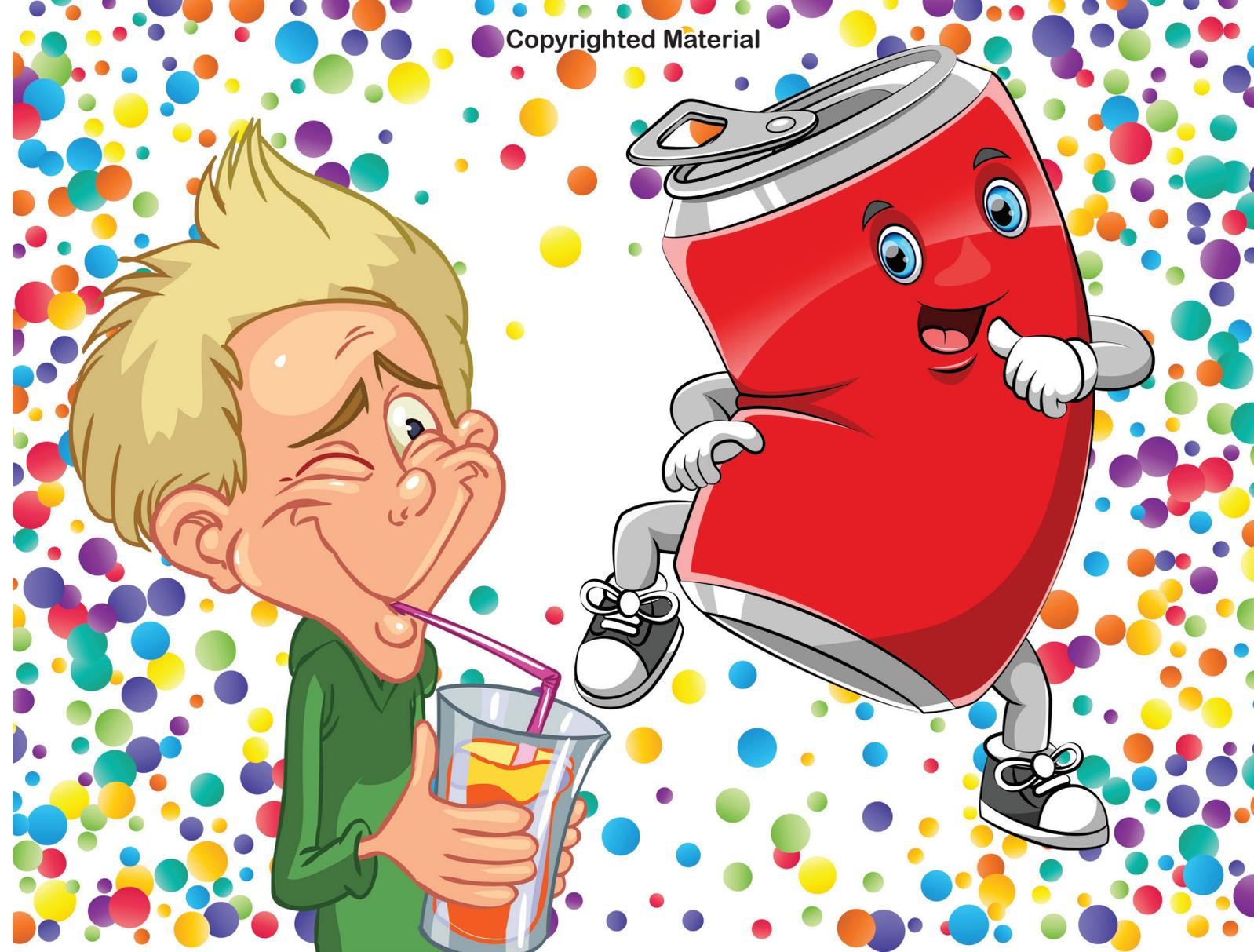


Swallowing a burp isn't the end of it.

You know it's coming back up, sooner or later. Usually it's a little stronger when it does. And the timing is usually worse.

A good burp will provide a little relief. Not much relief, but maybe a little bitty "aaaahhh..."

IF YOUR BURP FEELS GOOD,  
IT'S WORTH 15 POINTS.



For example, carbonation can make you burp. That's part of its charm. It can make you smile. That may make you want another sip, which probably means another burp. And so on.

Sometimes a burp has company – a little something that bubbles up your throat and coats it with cootie juice. It's not usually too bad – just a little warning of what's possible. That's called "vurping."

A fancier word for it is "eructing."

A LITTLE "COOTIE JUICE"  
IS WORTH 25 POINTS.



Cows burp. Goats, sheep, buffalo, giraffes, deer, elk, and camels burp. (They all burp up their food to chew it again – and are called “ruminant” animals.)

Your mom burps. Your doctor burps. Your minister burps – or your rabbi, priest, or mullah. It’s okay to burp.

Usually.

IF YOU CATCH ANY ONE OF THEM BURPING,  
GIVE YOURSELF 100 POINTS.  
GIVE THEM 50 POINTS.



A really good burp can have a flavor. So can a bad burp. Yuk.

A burp usually tastes like whatever you just ate or drank. That’s why it’s better to eat ice cream than salad. You can explain that to your mom.



IF YOUR MOM BELIEVES YOU, THAT’S WORTH 500 POINTS.  
(AND YOU’LL GET ICE CREAM, TOO.)



There's nothing new about burping. There's burping all through history. Peasants, soldiers, drunkards, and slobs all burped. But that's not all. Kings were famous for burping. And Vikings, too. And all the Popes. In fact, all of these people burped.

Napoleon

George Washington

Billy the Kid

Cleopatra

Nelson Mandela

Al Capone

King Tut

Gandhi



Calamity Jane

Genghis Kahn

Harriet Tubman

The Beatles

William Shakespeare

Helen Keller

Buddah

Michelangelo

If you don't know who all of these people are, you will.

Just remember that they're all burpers.

WHEN YOUR TEACHER MENTIONS THESE PEOPLE, TELL HER THAT THEY BURPED.  
THAT'S WORTH 300 POINTS.

## PART II THE BELCH

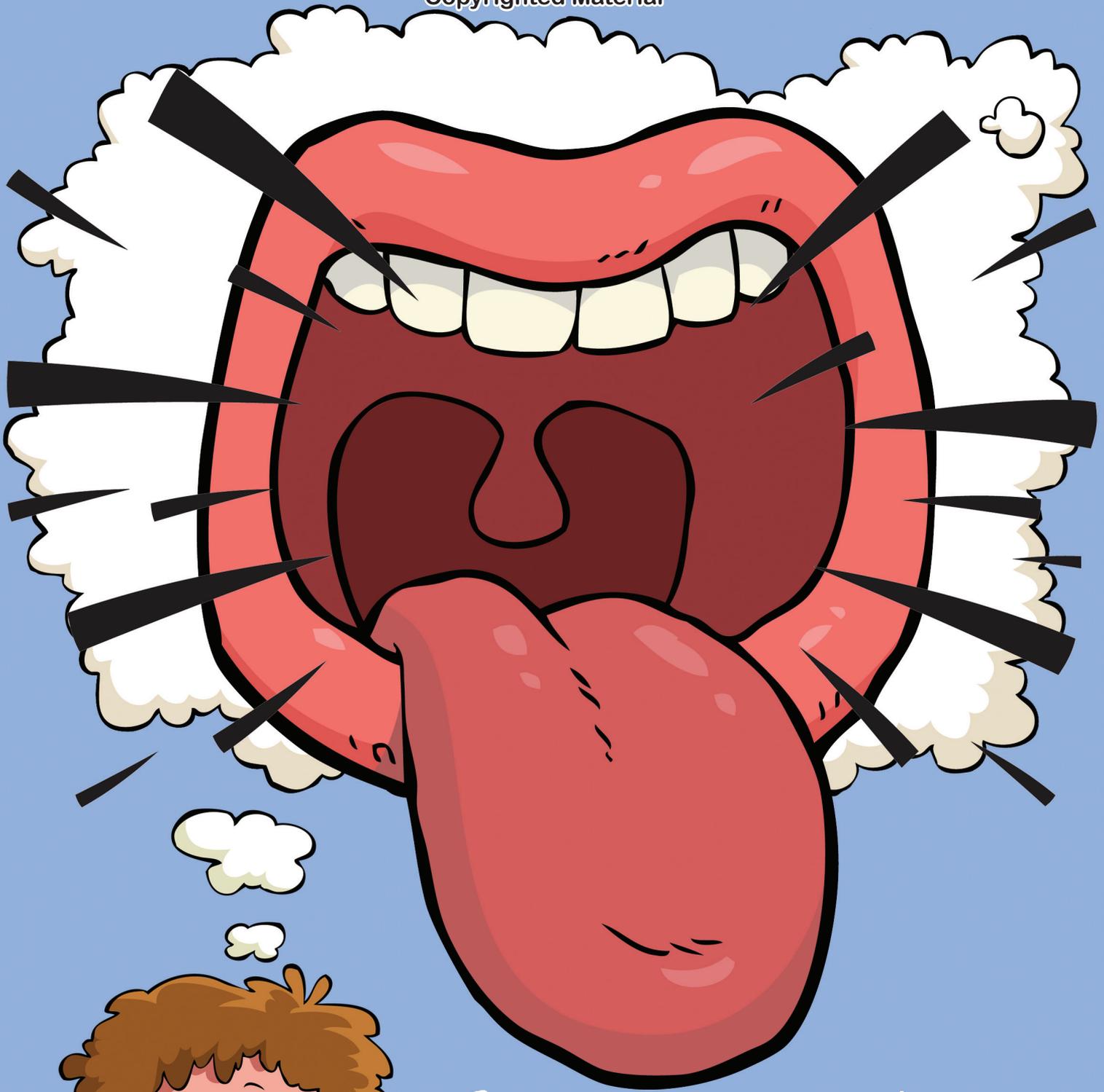


Belches are a little like burps, but there's one big difference.

It's not that they're bigger. But they may be.

It's not that they're louder. But they may be.

The difference between a big ol' burp and a satisfying belch is simple.



# THE BOOK OF YUK!